



Tuesday, November 19, 2019
Work Session Meeting
MS/HS Media Center, 7:00 PM

1. Internal Claims Auditor Meeting - 6:15 PM

1.01 Internal Claims Auditor

Denise Connell, our internal Claims Auditor met with the Board.

2. Call to Order

3. Meeting Opening 7:02 p.m.

3.01 Pledge of Allegiance

3.02 Roll Call

Ms. Shannon Johnson, President; Ms. Rita Kennedy, Vice President; Ms. Jean Lucasey; Ms. Tracy Baron; Mr. Louis Schwartz; Ms. Shannon Stringer; Mr. Matthew Rosenberg; Dr. Lisa Brady, Superintendent; Mr. Douglas Berry, Assistant Superintendent of Curriculum and Instruction; Mr. Ron Clamser, Jr., Assistant Superintendent of Finance, Facilities and Operations; and Ms. Loretta Tularzko, District Clerk..

3.03 Acceptance of the Agenda

Mr. Rosenberg moved, and Ms. Baron seconded, that the Board accept the November 19th Agenda.

Vote: 7 - ayes - 0 nays

4. Announcements

- SPRING Community Partners will hold their annual Family Square Dance on Friday, December 6th at Springhurst at 7:00 PM.

5. Citizen's Comments

5.01 Notice

Members of the community may comment on any matter related to the meeting's approved agenda. The Board President may request a brief description of the topic the speaker plans to address. Any group or organization wishing to address the Board must identify a single spokesperson. Presentations should be as brief as possible and no speaker will be permitted to speak for longer than 3 minutes. It is expected that speakers will conduct themselves in a civil manner and will be ruled out of order for any statement that constitutes a direct threat against officers, employees or students of the school district, or that is obscene. Questions or comments concerning matters that are not on the agenda will be taken under consideration and referred to the Superintendent for appropriate action.

None.

6. Correspondence

MINUTES

6.01 Attorney Correspondence

The Board acknowledged receipt of correspondence from the District's Attorney.

7. Board Actions

7.01 Personnel

Mr. Rosenberg moved, and Ms. Stringer seconded, that the Board approve the staff personnel recommendation.

Vote: 7 - ayes - 0 nays

8. Work Session Topic

8.01 Social and Emotional Learning

The session included Administration, Board members, and two parents/community members. Dr. Brady explained how Social and Emotional Learning is a component of our Strategic Plan and a major topic for all Districts in today's environment.

Tonight will we concentrate on Mindfulness in the classrooms and over the course of the year we will have a variety of reports about what we are doing in the schools. Andrew Klaich will report on the audit and student survey findings and how we stack up against the core competencies as determined by Castle.

Dr. Brady introduced Laura Metrano, teacher and early adopter, who is certified in yoga and mindfulness, and practices it in her third grade classroom.

Ms. Metrano led the group in a Mindfulness session which included "Candle Gazing Meditation.

Mindfulness is:

- A non-judgmental, present-centered attention of what is happening within as well as around oneself
- It is a type of meditation
- It is proven to improve numerous mental abilities
- All is based on science
- Gave a list of Meditation/Mindfulness Books for both children and adults

Dr. Brady and the Board thanked Ms. Metrano for coming to tonight's meeting and leading the group.

Ms. Metrano expressed that she is grateful that the District is involved.

Next, the group watched a video entitled "Mindfulness in Schools: Richard Burnett at TEDxWhitechapel".

https://www.youtube.com/watch?v=6mlk6xD_xAQ

- .b – answer to a very specific question – how can you persuade them to attention
- Course engaging, fun, memorable and practical use
- Mental health and happiness is based on what we do with our attention
- Faculty of awareness – how is your attention focused
- Profoundly shaped on where and how you place your attention
- Our attention is absorbed in our thinking – planning, evaluating, planning and memorizing
- Our attention scans our experiences
 - Bad experiences stay in our mind like Velcro and good experiences stay like Teflon
- Most spend most time thinking but not sensing
- .b – stop and be in the moment

Discussion:

- Our faculty and students have worked with Jenifer Monness in the meditation lab initiative
- It is for any age or mind set
- Teaching young children is the path

MINUTES

- Older students need to learn there is Science behind it
- It needs to be a school/home connection; not just school based
- Possibly parent education

9. Citizen's Comments

9.01 Notice

Members of the community may comment on any matter related to district business. The Board President may request a brief description of the topic the speaker plans to address. Any group or organization wishing to address the Board must identify a single spokesperson. Presentations should be as brief as possible and no speaker will be permitted to speak for longer than 3 minutes. It is expected that speakers will conduct themselves in a civil manner and will be ruled out of order for any statement that constitutes a direct threat against officers, employees or students of the school district, or that is obscene. Questions or comments concerning matters that are not on the agenda will be taken under consideration and referred to the Superintendent for appropriate action.

None.

10. Acknowledgements

10.01 Treasurer's Report

The Board acknowledged receipt of the Treasurer's Report for June, July, August, September and October 2019.

10.02 Warrants

The Board acknowledged receipt of the following warrant:
Warrant No. 21 Multi.

11. Old Business

Tomorrow at 5:15 PM in the Board Room, the Board is invited to attend a Supereval demonstration by Bob Hartz.

12. New Business

None.

13. Upcoming Meetings

13.01 Calendar

Tuesday, December 10, 2019 - 7:00 PM - MS/HS Media Center

Tuesday, January 7, 2020 - 7:00 PM - MS/HS Media Center

13. Adjournment

At 8:12 PM, Ms. Lucasey moved, and Ms. Baron seconded, that the Board adjourn the meeting.

Vote: 7 - ayes - 0 nays

14. Approved Minutes

14.01 Approved Minutes – October 15, 23 and 29, 2019 Meetings



District Clerk

11/19/19